

Hi there, it's Mark Renneson here from Pickleball Coaching International. Thank you for this purchase of Starting, Building and Finishing Points. We've got three great lesson plans here that I think you're going to really like, let me tell you about them.

So the first plan is all about starting strong, and our real focus here is the return of serve. Too often in pickleball people think that the first shot, whether you're serving or returning, is really just to get the point going, to set things up so the third shot can take place, and then the "real game" starts. But that's a big mistake. The return of service especially is an opportunity to gain an advantage, to tilt the odds in your favor. And this lesson plan is all about helping your players to do that, to think about the return of serve as a way for them to build an advantage early on.

The second lesson plan is called Very Good Volley's, and this one is all about developing strong net play. And sometimes when we're at the net we want to be able to avoid trouble from our opponents, especially when they maybe drive the ball at us, but sometimes we even want to cause trouble for our opponents. So this section, this lesson plan, is all about handling balls at the net. Different sort of sensations that you're going to need and different kinds of shots you're going to play depending on where your opponents are on the court.

And lesson plan three is All About Spin, and in my experience intermediate players absolutely love talking and learning about spin, often because they see other players do it but they never really have a chance to practice themselves, or they don't quite understand how it works. So trust me, All About Spin is something your players are really going to like, whether it's learning about top spin or side spin or back spin. It's a really great opportunity for them to get to sort of fool around a little bit, to learn how the ball and the paddle react together, and what happens as that ball gets hit.

So these three lesson plans I think you're really going to like them. Again, don't forget to take a look at the warmup menu because there's great activities in there. And once again, thanks for buying these set of lesson plans.